

APPENDIX D / ANNEXE D / ANHANG D

FEMALE HEPTATHLON-HEPTATLÓN-L'HEPTATHLON-SIEBENKAMPF

FEMALE-MUJERES-FEMMES-FRAUEN

2006 WMA Age Factors (DAY 1)

(length) (space) (first) (height)	Hurdles-Vallas-Haies-Hurden				High Jump Altura Hauteur Hochsprung	Shot Put-Bala- Poids-Kugel		200 Meters Metres	
	100 / 8.50m	80 / 8m	80 / 7m	80 / 7m		4K	3K		
	13m	12m	12m	12m					
	.840 / 33"	.762 / 30"	.762 / 30"	.686 / 27"					
F35-39	.9791				1.0408	1.0560		1.0000	F35-39
F40-44	1.0941				1.1008	1.1722		.9434	F40-44
F45-49	1.0383				1.1681	1.3173		.8877	F45-49
F50-54	1.0517				1.2442	1.3876		.8382	F50-54
F55-59	.9919				1.3310	1.5191		.7939	F55-59
F60-64	.9502				1.4307	1.6782		.7540	F60-64
F65-69	.8568				1.5466	1.8744		.7180	F65-69
F70-74	.7400				1.6829	2.1227		.6852	F70-74
F75-79	.6512				1.8456	2.4468		.6553	F75-79
F80-84	.5309				2.0431	2.8876		.5928	F80-84
F85-89	.4522				2.2879	3.5222		.5081	F85-89
F90-94	.3700				2.6795	4.5143		.4104	F90-94
F95-99	.2978				3.2656	6.2845		.3138	F95-99
F100+	.2417				4.1800	10.3385		.2417	F100+

FEMALE-MUJERES-FEMMES-FRAUEN 2006 WMA Age Factors (DAY 2)

	Long Jump Longitud Longueur Weitsprung	Javelin-Javalina-Javelot-Speer			800 Meters Metres	
		600G	500G	400G		
F35-39	1.0387	1.0000			1.0000	F35-39
F40-44	1.1023	1.0946			.9722	F40-44
F45-49	1.1742	1.2435			.9303	F45-49
F50-54	1.2561	1.3645			.8918	F50-54
F55-59	1.3502	1.5450			.8356	F55-59
F60-64	1.4596	1.7460			.7769	F60-64
F65-69	1.5883	1.9559			.7028	F65-69
F70-74	1.7420	2.2231			.6355	F70-74
F75-79	1.9285	2.5749			.5603	F75-79
F80-84	2.2118	3.0590			.4936	F80-84
F85-89	2.5931	3.7672			.4296	F85-89
F90-94	3.2696	4.9021			.3677	F90-94
F95-99	4.4235	7.0157			.3037	F95-99
F100+	7.5200	12.3333			.2417	F100+