

# AK DINAMO-ZRINJEVAC AND VETERAN SECTION OF AK VETERAN AND HAAK MLADOST

organise



## 4. ZAGREB VETERANS ATHLETIC CHAMPIONSHIPS

Zagreb, 09.05.2010. from 13:00  
SRC SVETICE (Maksimir)

<b>EVENTS</b>	100m, 200m, 400m , 800m, 3000m, 3000m walking, long jump, high jump, pole vault, triple jump, hammer, disc, shot put, javelin, 4x100m (exact schedule will be known until 07.05.2010.) at: <a href="http://www.mim-sraga.com/track-ad-field-AK-Veteran.htm">http://www.mim-sraga.com/track-ad-field-AK-Veteran.htm</a>
<b>Propositions</b>	IAAF-a veteran rules (WMA rules) Categories: W-30, W-35, W-40, W-45 ... W-70, W-75, W-80 ... M-30, M-35, M-40, M-45 ... M70, M-75, M-80 ... walking – all categories – juniors, M-S, W-S, W-30...M-30...
<b>Awards</b>	The first three athletes of each category will be awarded with a medal
<b>Entry fee</b>	100 kn /15 Euro for 2 events and relay (including food and drink) Each next discipline + 30 kn / 4 Euro
<b>Deadline</b>	until <b>06.05.2010.</b> at fax: +385 1 4578 431 or e-mail: <a href="mailto:mim-sraga@zg.htnet.hr">mim-sraga@zg.htnet.hr</a> (Data: name and surname, day of birth, category, club and event)

Additional application on a competition day will be charged 150 kn / 20 euro.

Payment of the entry fees and final registration will  
take place at registration office 2 hours before the competition!

### Information:

**Mladen Sraga**, phone: +385 98 488 515 or 4578 431

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[www.veterani-has.info](http://www.veterani-has.info)

Organising Committee is not responsible regard to any accident, injury, loss or damage incurred in the course or in connection with the championships

**All athletes are invited on traditional athletic party!**

**Welcome to Zagreb!**

Organising comitee

## Schedule (first announcement)

13:00	hammer
14:30	disc, pole vault
15:30	100m
16:00	shot put, high jump
16:15	200m
17:00	400m, long jump
17:15	800m
17:30	javelin
17:45	3000m
18:00	triple jump, 3000m walking
18:30	4x100m