

**EVAA - XVI.EUROPEAN VETERANS CHAMPIONSHIPS 2008 – Ljubljana/SLO**  
**TEMPORAL FRAME PLAN OF COMPETITION – tt3a**

Stadium / Place	age class	Men			rounds / groups	Date	Stadium / Place	age class	Women		rounds/ groups
		event				time			event		
<b>OPENING</b>						<b>WE 23.07.</b>					
						<b>20:00</b>					
<b>DAY 1</b>											
						<b>TH 24.07.</b>					
I	85-75	10.000		f		<b>08:00</b>					
II	70	10.000		f		<b>08:00</b>	II	75-65	10.000	f	
II	45	10.000		f		<b>09:05</b>					
II	40	10.000		f		<b>10:30</b>					
II	40	10.000		f		<b>11:20</b>					
II	35	10.000		f		<b>12:10</b>					
I	60	10.000	B	ZE	2	<b>15:00</b>	II	40+35	10.000	f	
I	60	10.000	A	ZE		<b>16:00</b>	II	50+45	10.000	f	
II	50	10.000		f		<b>17:00</b>					
II	55	10.000	B	ZE	2	<b>18:00</b>					
II		10.000	A	ZE		<b>19:00</b>					
II	65	10.000				<b>19:50</b>	II	60+55	10.000	f	
						<b>21:00</b>					
						<b>09:00</b>	A	85-75	Weight Throw	f	
						<b>09:40</b>	A	70	Weight Throw	f	
						<b>10:40</b>	A	65	Weight Throw	f	
						<b>11:40</b>	A	60	Weight Throw	f	
						<b>15:00</b>	A	55	Weight Throw	f	
						<b>16:00</b>	A	50	Weight Throw	f	
						<b>17:00</b>	A	45	Weight Throw	f	
						<b>18:00</b>	A	40+35	Weight Throw	f	
I	80-35	<i>Decathlon</i> > 100 > Long Jump > Shot Put > High Jump > 400 m				<b>09:00</b>					
						<b>09:40</b>					
						<b>11:00</b>					
						<b>14:30</b>					
						<b>18:30</b>					
						<b>11:40</b>	I	70-35	<i>Heptathlon</i> > 80/100 Hu > High Jump > Shot Put > 200		
						<b>12:05</b>					
						<b>16:00</b>					
						<b>17:15</b>					

**DAY 2**

						<b>FR 25.07.</b>					
I	75-35	<i>Decathlon</i> > 110/100 Hü > Discus > Pole Vault > Javelin > 1.500				<b>09:00</b>					
						<b>9:50</b>					
						<b>11:05</b>					
						<b>15:30</b>					
						<b>18:30</b>					
						<b>9:30</b>					
						<b>11:00</b>					
						<b>16:00</b>					
I	60	100		h	4	<b>11:00</b>					
	50	100		h	5	<b>11:20</b>					
	45	100		h	7	<b>11:45</b>					
	40	100		h	5	<b>12:15</b>					
	35	100		h	4	<b>12:40</b>					

					15:30	I	35	100		h	4
A	90-80	Weight Throw	f		08:30						
B	75	Weight Throw	f		08:30						
A	70	Weight Throw	f		09:30						
B	65	Weight Throw	f		09:45						
A	60	Weight Throw	f		10:45						
B	55	Weight Throw	f		11:30						
A	50	Weight Throw	f		12:00						
B	45	Weight Throw	f		12:30						
A	40	Weight Throw	f		15:00						
A	35	Weight Throw	f		16:00						

<b>DAY 3</b>											
II	80+	Dec: > 80 Hü > Diskus > Pole Vault		1	SA 26.07. 09:00 09:30 10:15						
I		> Javelin > 1.500	f		15:00 16:00						
I	80	100	sf	2	09:00						
	75	100	sf	2	09:10						
	70	100	sf	3	09:20						
	65	100	sf	3	09:35						
	60	100	sf	2	09:45						
	55	100	sf	3	09:55						
	50	100	sf	2	10:05						
	45	100	sf	2	10:15						
	40	100	sf	2	10:25						
	35	100	sf	2	10:35						
					10:45	I	70	100		sf	2
					10:55		65	100		sf	2
					11:05		60	100		sf	2
					11:15		55	100		sf	2
					11:25		50	100		sf	3
					11:35		45	100		sf	3
					11:50		40	100		sf	2
					12:00		35	100		sf	2
I	45	400 Hü	h	2	12:15						
	40	400 Hü	h	3	12:25						
	35	400 Hü	h	2	12:45						
	55	400 Hü	h	2	12:55						
	50	400 Hü	h	3	13:05						
I	70	300 Hü	h	2	15:00	I	50	300 Hü		h	2
	65	300 Hü	h	3	15:10						
	60	300 Hü	h	3	15:35						
I	85	100	f	11	16:15						
	80	100	f		16:20						
	75	100	f		16:25						
	70	100	f		16:35						
	65	100	f		16:40						
	60	100	f		16:45						
	55	100	f		16:50						
	50	100	f		17:00						
	45	100	f		17:05						
	40	100	f		17:10						
	35	100	f		17:15						
					17:25	I	80+75	100		f	9
					17:30		70	100		f	
					17:35		65	100		f	
					17:45		60	100		f	
					17:50		55	100		f	
					17:55		50	100		f	

					18:05 18:10 18:15		45 40 35	100 100 100	f f f	
<b>II</b>	65 60 55 50 45 40 35	1.500 1.500 1.500 1.500 1.500 1.500 1.500	h h h h h h h	2 3 2 3 3 3 2	09:30 09:55 10:35 11:00 11:30 12:00 12:25					
<b>A</b>	75	Discus	f		09:00					
<b>B</b>	95-85	Discus	f		09:00					
<b>C</b>	80	Discus	f		09:00					
<b>B</b>	65	Discus	f	2	10:15					
<b>C</b>	65	Discus	f		10:15					
<b>A</b>	70	Discus	f		10:45					
<b>B</b>	60	Discus	f	2	12:00					
<b>C</b>	60	Discus	f		12:00					
<b>A</b>	55	Discus	f		15:00					
<b>B</b>	50	Discus	f	2	15:30					
<b>C</b>	50	Discus	f		15:30					
<b>A</b>	45	Discus	f		17:00					
<b>B</b>	40	Discus	f	2	17:00					
<b>C</b>	40	Discus	f		17:00					
<b>B</b>	35	Discus	f		18:00					
					09:00 09:00 10:00 10:20 11:45 12:05	<b>A</b> <b>B</b> <b>B</b> <b>A</b> <b>B</b> <b>A</b>	90-80 75 70 65 60 55	Shot Put Shot Put Shot Put Shot Put Shot Put Shot Put	f f f f f f	
					15:00 15:00 16:40 16:40	<b>A</b> <b>B</b> <b>A</b> <b>B</b>	50 45 40 35	Shot Put Shot Put Shot Put Shot Put	f f f f	

DAY 4										
<b>I</b>	45 40 35 55 50	400 Hü 400 Hü 400 Hü 400 Hü 400 Hü	f f f f f	5	SU 27.07. 14:00					
	65 60	300 Hü 300 Hü	f f	5	14:30 14:55 15:10 15:25		45 40 35	400 Hü 400 Hü 400 Hü	f f f	
	80 75 70	300 Hü 300 Hü 300 Hü	f f f		15:45		55 50	300 Hü 300 Hü	f f	
					09:00 09:00 09:00 09:45 10:05 10:05 11:15 11:15	<b>A</b> <b>B</b> <b>C</b> <b>C</b> <b>A</b> <b>B</b> <b>B</b> <b>C</b>	70+65 60 65 70 80+75 55 60 50 40 45	300 Hü 300 Hü High Jump High Jump High Jump High Jump High Jump High Jump High Jump High Jump	f f f f f f f f	

					14:00	A	35	High Jump	f	
A	55	Long Jump	f	2	09:00					
B	55		f		09:00					
C	50	Long Jump	f	2	09:00					
D	50		f		09:00					
C	85+80	Long Jump	f		10:00					
A	45	Long Jump	f	2	10:20					
B	45		f		10:20					
D	75	Long Jump	f		10:30					
C	60	Long Jump	f		11:10					
B	70	Long Jump	f		11:15					
A	40	Long Jump	f	2	14:00					
B	40		f		14:00					
C	65	Long Jump	f		14:00					
D	35	Long Jump	f		14:00					
A	80	Shot Put	f		09:00					
B	95-85	Shot Put	f		09:00					
C	65	Shot Put	f	2	09:00					
D	65		f		09:00					
A	75	Shot Put	f		10:00					
B	70	Shot Put	f		10:20					
C	55	Shot Put	f	2	10:25					
D	55		f		10:25					
A	60	Shot Put	f		11:40					
C	50	Shot Put	f	2	11:45					
D	50		f		11:45					
B	45	Shot Put	f		14:00					
C	40	Shot Put	f	2	14:00					
D	40		f		14:00					
C	35	Shot Put	f		15:15					
					09:00	A	85-75	Hammer	f	
					09:00	B	60	Hammer	f	
					09:00	C	70	Hammer	f	
					10:10	A	50	Hammer	f	
					10:20	B	55	Hammer	f	
					10:30	C	65	Hammer	f	
					11:35	B	45	Hammer	f	
					11:45	C	35	Hammer	f	
					11:50	A	40	Hammer	f	

DAY 5										
II	85-75	5.000 Tr. Walk	f	8	MO 28.07.					
	70	5.000 Tr. Walk	f		08:00	II	80-70	5.000 Tr. Walk	f	5
	65	5.000 Tr. Walk	f		08:45		65+60	5.000 Tr. Walk	f	
	60	5.000 Tr. Walk	f		09:35					
					10:20					
					11:10					
					12:00					
					15:00		55+50	5.000 Tr. Walk	f	
	55	5.000 Tr. Walk	f		15:45					
	50	5.000 Tr. Walk	f		16:25		45	5.000 Tr. Walk	f	
	45	5.000 Tr. Walk	f		17:00					
					17:40		40+35	5.000 Tr. Walk	f	
	40+35	5.000 Tr. Walk	f		18:15					
					18:55					
I	60	400	h	4	08:30					
	55	400	h	4	08:55					
	50	400	h	7	09:20					
	45	400	h	8	10:00					
	40	400	h	5	10:45					
	35	400	h	6	11:15					

					11:55 12:10 12:20 12:30 12:50 13:05 13:25	I	65 60 55 50 45 40 35	400 400 400 400 400 400 400	sf sf sf sf sf sf sf	2 2 2 3 3 3 2
I	75 70 65 60 55 50 45 40 35	400 400 400 400 400 400 400 400 400	sf sf sf sf sf sf sf sf sf	2 4 3 2 2 3 3 2 2	14:30 14:40 15:05 15:20 15:30 15:40 16:00 16:15 16:25					
I	85+80	1.500	f		16:40 16:55 17:10 17:20	I	80-70	1.500	f	
	75 70 70	1.500 1.500	f f f	2 tr	17:45 18:00 18:10 18:25 18:35		65	1.500	f	
	65	1.500	f		19:00 19:10 19:25 19:40 19:50 20:05 20:20 20:30 20:40		60 55 55 50 45 40 35	1.500 1.500 1.500 1.500 1.500 1.500 1.500	f f f f f f f	2 tr
A B C B A C B	90-80 75 55 70 50 40 35	High Jump High Jump High Jump High Jump High Jump High Jump High Jump	f f f f f f f		09:00 09:00 09:00 10:15 10:40 11:00 11:30					
A B C	65 60 45	High Jump High Jump High Jump	f f f		14:30 14:30 14:30					
					10:00 10:00 10:00 11:15 11:20 11:25	A B C B A C	80-70 65 60 55 40 35	Long Jump Long Jump Long Jump Long Jump Long Jump Long Jump	f f f f f f	
A B C B A C B	90-80 75 70 45 60 40 35	Hammer Hammer Hammer Hammer Hammer Hammer Hammer	f f f f f f f		14:30 14:30 14:30 09:00 09:00 09:00 10:35 10:45 10:45 11:45	C A B	50 45 45	Long Jump Long Jump	f f f	2

<b>A</b>	65	Hammer	f		14:30					
<b>B</b>	55	Hammer	f		14:30					
<b>C</b>	50	Hammer	f		14:30					
					15:00	<b>A</b>	65	Javelin		
					15:00	<b>B</b>	70	Javelin		
					15:00	<b>C</b>	90-75	Javelin		
					15:55	<b>C</b>	60	Javelin		
					16:45	<b>B</b>	55	Javelin		
					16:45	<b>A</b>	50	Javelin		
					17:00	<b>C</b>	45	Javelin		
					18:00	<b>A</b>	40	Javelin		
					18:00	<b>B</b>	35	Javelin		
<b>REST DAY</b>						<b>TU 29.07.</b>				

*Decathlon*

<b>MEN</b>	1	100	Long Jump	Shot Put	High Jump	400
	2	110 / 100 / 80 Hu	Discus	Pole Vault	Javelin	1.500

*Heptathlon*

<b>WOMEN</b>	1	100 / 80 Hu	High Jump	Shot Put	200
	2	Long Jump	Javelin	800	

*Pentathlon*

<b>MEN</b>	Long Jump	Javelin	200	Discus	1.500
<b>WOMEN</b>	100 / 80 Hu	High Jump	Shot Put	Long Jump	800

*Weight Pentathlon*

<b>M + W</b>	Hammer	Shot Put	Discus	Javelin	Weight
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<b>DAY 7</b>		<b>Men</b>			<b>Date</b>	<b>Women</b>			
<b>Stadium / Place</b>	age class	event		round / groups	<b>time</b>	<b>Stadium / Place</b>	age class	Event	rounds / groups
					<b>WE 30.07.</b>				
<b>II</b>	85-75	5.000	f		08:00	<b>I</b>	75+70	5.000	f
					08:00				
<b>II</b>	70	5.000	f		08:45	<b>I</b>	65	5.000	f
<b>II</b>	65	5.000	f	2	08:50				
<b>II</b>	65		f		09:40				
						<b>II</b>	60	5.000	f
<b>II</b>	60	5.000	f	2	11:00				
<b>II</b>	60		f		11:40				
<b>II</b>	55	5.000	f	2	14:30				
<b>II</b>	55		f			<b>I</b>	50	5.000	f
						<b>II</b>	55	5.000	
<b>II</b>	50	5.000	f	2	15:25				
<b>II</b>	50		f		15:25				
					15:55				
						<b>I</b>	45	5.000	f
<b>II</b>	45	5.000	f	2	16:00	<b>I</b>	40+35	5.000	f
<b>II</b>	45		f		16:35				
<b>II</b>	40	5.000	f	2	16:45				
<b>II</b>	40		f						
<b>II</b>	40	5.000	f	2	17:35				
<b>II</b>	35	5.000	f	2	18:25				
<b>II</b>	35		f						
	85-35	Pentathlon man		9					
	65	> Long Jump			08:30				
		> Javelin			9:40				
<b>I</b>		> 200			13:40				
		> Discus			14:45				
		> 1.500	1		17:40				
						<b>I</b>		Pentathlon women	
								< Hurdles	
								< High Jump	
								< Shot Put	
								< Long Jump	
								< 800 m	

I	85+80	400	f		10:25							
	75	400	f		10:30		80+75	400		f		
	70	400	f		10:40		70	400		f		
	65	400	f		10:45		65	400		f		
	60	400	f		10:55		60	400		f		
	55	400	f		11:00		55	400		f		
	50	400	f		11:10		50	400		f		
	45	400	f		11:15		45	400		f		
	40	400	f		11:25		40	400		f		
	35	400	f		11:30		35	400		f		
					11:35							
					11:45							

DAY 8											
I	55	200	h	4	TH 31.07.						
	50	200	h	7	08:30						
	45	200	h	8	08:50						
	40	200	h	6	09:20						
	35	200	h	6	10:00						
I	50	800	h	4	10:30		I	50	200	h	4
	45	800	h	5	10:55		45	200	h	4	
	40	800	h	4	11:15		40	200	h	4	
					11:30						
					12:00						
					12:30						
					13:00						
					15:00		I	55	800	h	2
					15:15		50	800	h	2	
					15:25		45	800	h	2	
					15:40		40	800	h	2	
					15:50		35	800	h	2	
					16:10						
		45	110 Hu	h	2	16:20					
		40	110 Hu	h	2	16:30					
		35	110 Hu	h	2	16:50					
		65	100 Hu	h	2	17:00					
		60	100 Hu	h	3	17:15					
		55	100 Hu	h	2	17:25					
		50	100 Hu	h	2	17:35					
	75	80 Hu	h	2	17:45						
	70	80 Hu	h	3	18:00						
R	85-65	20km R. Walk	f		18:10		I	50	80 Hu	h	2
					18:20		45	80 Hu	h	2	
					08:00		40	80 Hu	h	2	
					10:50		R	80-55	10km Road Walk	f	
R	60+55	20km R. Walk	f		15:00		R	50-35	10km Road Walk	f	
R	50-35	20km R. Walk	f		17:15		A	75-60	Pole Vault	f	
B	85-80	Pole Vault	f		09:00		B	55-45	Pole Vault	f	
					09:00		A	40-35	Pole Vault	f	
					10:30						
					10:30						
					08:30		A	90-80	Discus	f	
				08:30		B	75	Discus	f		
				08:30		C	70	Discus	f		
				09:20		B	65	Discus	f		

					09:40 10:30 10:30 10:50 11:00 11:30	A C D A B C	55 60 60 50 45 35	Discus Discus Discus Discus Discus	f f	2
A C B A	50 60 55 45	Javelin Javelin Javelin Javelin	f f f f		18:00 09:00 10:00 10:00 11:10	A	40	Discus		
A B C A	75 70 95-80 65	Javelin Javelin Javelin Javelin	f f f f		15:00 15:15 15:30 16:10					
<b>DAY 9</b>										
					<b>FR 01.08.</b>					
					08:30 9:45 11:00 15:30 17:00		85-35	Throwing Pent. > Hammer > Shot Put > Discus > Javelin > Weight		9
	80 75 70 65 60 55 50 45 40 35	200 200 200 200 200 200 200 200 200 200	sf sf sf sf sf sf sf sf sf sf	2 2 3 3 3 2 3 3 2 2	09:00 09:10 09:20 09:35 09:50 10:05 10:20 10:35 10:50 11:00 11:10 11:20 11:30 11:40 11:50 12:00 12:10		70 60 55 50 45 40 35	200 200 200 200 200 200 200	sf sf sf sf sf sf sf	2 2 2 2 2 2 3
A B A B	75 70 65 60	Pole Vault Pole Vault Pole Vault Pole Vault	f f f f		09:00 09:00 10:30 10:50					
A A	40 35	Javelin Javelin	f f		09:00 10:30					
A B C A C	85-75 70 65 60 55	Triple Jump Triple Jump Triple Jump Triple Jump Triple Jump	f f f f f		09:30 09:30 09:30 10:50 11:15					
A C A C	50 45 40 35	Triple Jump Triple Jump Triple Jump Triple Jump	f f f f		15:00 15:00 16:40 16:45					
I	45 40 35 55 50	110 Hu 110 Hu 110 Hu 100 Hu 100 Hu	f f f f f		14:30 14:35 14:40 14:55 15:00					

	65	100 Hu	f		15:05					
	60	100 Hu	f		15:10					
					15:15	I	35	100 Hu	f	
					15:30		45	80 Hu	f	
					15:35		40	80 Hu	f	
					15:40		55	80 Hu	f	
					15:45		50	80 Hu	f	
	75	80 Hu	f		15:55					
	70	80 Hu	f		16:00					
	85+80	80 Hu	f		16:05		75+70	80 Hu	f	
					16:10		65	80 Hu	f	
					16:15		60	80 Hu	f	
					16:20					
I	70	800	sf	2	16:40					
	65	800	sf	2	16:55					
	60	800	sf	3	17:10					
	55	800	sf	3	17:30					
	50	800	sf	2	17:50					
	45	800	sf	2	18:00					
	40	800	sf	2	18:15					
	35	800	sf	2	18:30					

<b>DAY 10</b>										
	90-45	Throwing Pentathlon > Hammer > Shot Put > Discus > Javelin > Weight		7	SA 02.08.					
					08:30					
					9:40					
					11:00					
					15:30					
					16:40					
I	85	200	f		09:30	I	80+75	200	f	
	80	200	f		09:35					
	75	200	f		09:45					
					09:50					
					09:55		70	200	f	
	70	200	f		10:05					
					10:10		65	200	f	
					10:15					
					10:25		60	200	f	
	65	200	f		10:30					
					10:35		55	200	f	
	60	200	f		10:40					
					10:50		50	200	f	
					10:55					
					11:00		45	200	f	
					11:05					
					11:10		40	200	f	
					11:20					
					11:25		35	200	f	
					11:30					
A	55	Pole Vault	f		09:00					
B	50	Pole Vault	f		09:00					
B	35	Pole Vault	f		11:50					
A	45	Pole Vault	f		16:00					
B	40	Pole Vault	f		16:00					
					09:00	A	80-65	Triple Jump	f	
					09:00	C	60	Triple Jump	f	
					10:20	C	45	Triple Jump	f	
					10:30	A	55+50	Triple Jump	f	
					15:00	A	40	Triple Jump	f	
					16:20	A	35	Triple Jump	f	
I	85+80	800	f		14:30					

75	800	f	14:40	I	80-70	800	f
70	800	f	14:50				
65	800	f	14:55		65	800	f
60	800	f	15:05		60	800	f
55	800	f	15:10		55	800	f
50	800	f	15:20		50	800	f
45	800	f	15:25		45	800	f
40	800	f	15:35		40	800	f
35	800	f	15:40		35	800	f
			15:50				
			15:55				
			16:05				
			16:15				
			16:20				
			16:30				
			16:35				
			16:40				

<b>DAY 11</b>							
R	85-35	Marathon		SU 03.08.	R	70-35	Marathon
	40+35	Throwing Pent. Hammer Shot Put Discus Javelin Weight		07:30			
I	55+50	3.000 SC		08:00			
	45+35	3.000 SC		09:00			
	40	3.000 SC		10:00			
				11:00			
				12:00			
I	80-65	2.000 SC		08:30	I	70-50	2.000 SC
I	60	2.000 SC	f	08:50		45-35	2.000 SC
				09:10			
				09:35			
				09:50			
				10:05			
				10:20			
I	85-35	4x100	f	10:40	I	80-35	4x100
							f
I	80-35	4x400	f		I	80-35	4x400
							f
<b>CLOTHING</b>				~15:00			

**LEGENDE:** I = Main-Stadium    A = Anlagen    h = heat  
II = Stadium                    B                    sf = semi final  
T = Throwing place        C                    f = final  
R = Road                        D                    tr = time running